



BEYOND GRAPPLING CLUB

Code of Conduct



"It is not important to be better than someone else, but to be better than yesterday."

- Kano Jigoro

PURPOSE STATEMENT

Our students have a right to participate in a safe and supportive environment. However over-zealous parents, boisterous spectators, opinionated players and quick-tempered coaches can create unpleasant situations. This document is to remind everyone at Beyond Grappling Club to support and nurture all our students and to continue cultivating a positive atmosphere each and every training session.

The founder of Judo, Jigoro Kano, used the words above to demonstrate that Judo and BJJ is about personal development, not just winning. Each and every tournament and training session we are all trying to become better than we were yesterday. Here at Beyond Grappling Club we seek to set and maintain a high standard of behavior, both on AND off the mat, to help kids our students be better than yesterday.

Our values are:

Honesty: Being honest on and off the mat.

Respect: Being respectful of one another and treating others like we would like to be treated.

Dedication: To develop students who value hard work, dedication and perseverance to achieve a goal.

Leadership: To develop leaders who impact their community in a positive way.

Growth: To develop individuals who push themselves out of their comfort zones and search for ways to improve and grow as people and grapplers.

There is an expectation that all persons involved in Beyond Grappling Club will adhere to the following codes of conduct. The codes provide a guide and basis of expectations for all members, parents, supporters, coaches and volunteers at Beyond Grappling Club.

While these codes have been developed for members of the Beyond Grappling Club they apply equally to supporters and attendees of any Beyond Grappling Club functions, competitions and events. Following these codes will ensure that our club maintains it's culture of being a positive, fun and friendly environment where all students all respected, loved, nurtured and encouraged to be better than they were yesterday.

Matt and Samantha Daquino
Owners
Beyond Grappling Club

Code of conduct for students:

At all times a BGC student must:

- abide by the BGC rules;
- have no ego on the mats;
- respect training partners, coaches and teammates;
- Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
- practice techniques with control and cooperation;
- Cooperate with your coach, team-mates and opponents. Without them, there would be no competition.
- control their temper (bullying and physical outbursts are not tolerated);
- be clean, hygienic and void of bad body odour (this includes trimmed fingernails and toenails);
- train in clean and appropriate attire;
- never use foul language;
- apply submissions with extreme care and control;
- report all accidents and injuries accordingly;
- listen while the coach is teaching.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion

Code of conduct for parents & supporters

It is expected that all parents and supporters at Beyond Grappling Club will:

- Support your child's involvement and help them enjoy their Judo.
- Don't argue with referees or coaches
- Don't encourage unfair/rough play
- Focus on your child's effort, not the result
- Encourage ALL children when competing, not just your own child.
- Stay in the 'parent seating' area. Do not walk onto or near the mats
- Encourage children to play by the rules
- Encourage children to learn from both their wins and losses
- Help your child own their decisions
- Ensure your child treats others like they would like to be treated
- Never ridicule or yell at a child for making a mistake or losing a competition
- Remember that children learn best by example. Appreciate good performance and skillful plays by all participants.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Code of conduct for coaches

- Remember that young people participate for pleasure, and winning is only part of the fun.
- Never ridicule or yell at a student for making a mistake or not coming first.
- Be positive all the time (remember we set the 'weather' in the class)
- Focus on the positive and not the negative
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of Judo and BJJ and teach players to do the same.
- Ensure that the time our students spend with you is a positive experience.
- Avoid spending more time with the the talented players, but treat everyone as equals.
- Ensure that equipment and facilities meet safety standards, and that the walls and mat area is void of any obstructions.
- Ensure games are safe and controlled
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage players to do the same.
- Show concern and caution towards sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Follow the advice of head coaches Samantha and Matthew D'Aquino